

Personal Care Worker Limitations



Colorado CareAssist

For each activity listed below, indicate if a PCW CAN or CANNOT perform the activity ...

ACTIVITY	PCW CAN	PCW CAN'T
Care for skin with chronic skin problems that are not active		
Care for skin that is preventative instead of therapeutic		
Give basic first aid		
Change a bandage / dressing		
Clean an ostomy site		
Help with walking for those who can bear their own weight		
Help with walking for those who cannot bear their own weight		
Help bathing when dressings need skilled care before, during or after bathing		
Help client put on prescription compression stockings		
Help perform exercises in a prescribed exercise program		
Help with Range of Motion Exercises		
Encourage and remind client to do prescribed exercises		
Help with tube feeding		
Help with Intravenous feeding		
Help someone with eating who can swallow without difficulty		
Use medicated shampoo		
Basic oral hygiene		
Mouth care for those at risk of choking		
Clip fingernails		
File toenails when client has lost sensation in the foot		
Change of positioning when the client cannot direct that change		
Shave with a disposable razor		
Assist with soiled diapers		
Empty a catheter bag		
Adjust a catheter		
Change an ostomy bag		
Give an enema		
Help with a transfer for someone who cannot help at all		
Give over-the-counter medication to a client from its container		
Remove an oxygen mask to shave a client		
Adjust oxygen flow as requested by a medical professional		
Take a client to an appointment in the PCW's own car		
Provide stand-by assistance for personal care tasks		
Provide respite care		
Prepare meals according to a special diet		
Take readings of vital signs		
Care for a client with active Tuberculosis		

Signature

2/20/2026
Date